



Caixa de Assistência, Aposentadoria e Pensões dos Servidores Municipais de Londrina

P R O G R A M A

**EDUCAÇÃO
PREVIDENCIÁRIA
2022**

ATIVIDADES PARA IDOSOS

VOLUME III

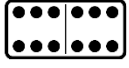

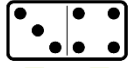










Além das atividades físicas que são fundamentais para manter a qualidade de vida, vamos também exercitar o cérebro, para melhorar a nossa capacidade de concentração, atenção e memória!

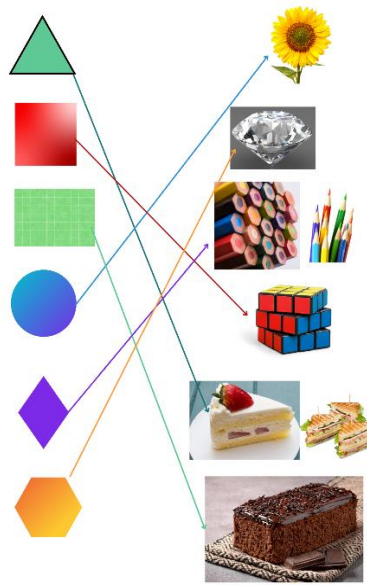


As atividades propostas criam oportunidade para pensar, lembrar, pesquisar, conversar e apontar a resolução dos exercícios. Desta forma, tente conhecer um pouco mais sobre os assuntos abordados em cada atividade.

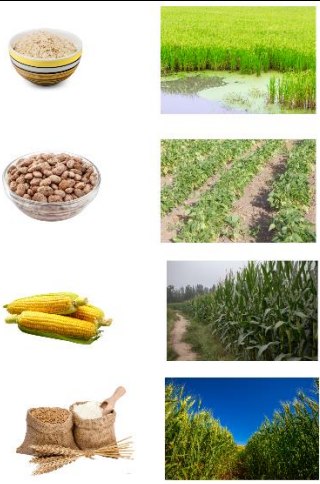
Para realizar as atividades, baixe o arquivo em pdf e imprima esta apostila!

Boa diversão a todo(a)s!



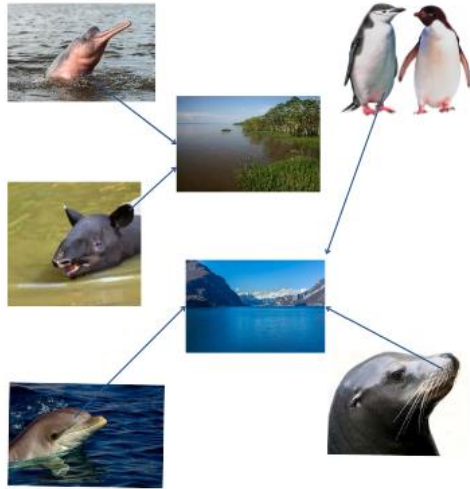
APOSTILA DE EXERCÍCIOS

QUESTÃO	RESPOSTA
01	13 triângulos
02	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  $6 + 6 = 12 \div 2 = 6$ </div> <div style="text-align: center;">  $2 = 2$ </div> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  $3 \times 4 = 12 - 4 = 8$ </div> <div style="text-align: center;">  $4 = 4$ </div> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  $0 \times 2 = 0$ </div> <div style="text-align: center;">  $6 \times 0 = 0$ </div> </div>
03	<div style="display: flex; flex-direction: column; align-items: center; gap: 10px;"> <div style="display: flex; justify-content: space-around;"></div> <div style="display: flex; justify-content: space-around;"></div> <div style="display: flex; justify-content: space-around;"></div> <div style="display: flex; justify-content: space-around;"></div> </div>
04	<div style="display: flex; flex-direction: column; align-items: center; gap: 20px;"> <div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>13</p> <p>treze</p> </div> </div> <div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>7</p> <p>sete</p> </div> </div> <div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>15</p> <p>quinze</p> </div> </div> </div>

QUESTÃO	RESPOSTA
05	05 – 19 – 71 – 139
06	
07	
08	 <p>Rio de Janeiro Rio de Janeiro</p> <p>Bahia Salvador</p> <p>Rio Grande do Sul Porto Alegre</p> <p>Paraná Curitiba</p>

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QUESTÃO	RESPOSTA
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20	<p>"Felicidade é quando o que você pensa, o que você diz e o que você faz estão em harmonia." Mahatma Gandhi</p> <p>"A alegria que se tem em pensar e aprender faz-nos pensar e aprender ainda mais." Aristóteles</p> <p>"Planejar a infelicidade dos outros é causar com as próprias mãos um abismo para si mesmo." Chico Xavier</p> <p>"Ser feliz sem motivo é a mais autêntica forma de felicidade." Carlos Drummond de Andrade</p> <p>"Felicidade é a certeza de que a nossa vida não está se passando inutilmente." Érico Veríssimo</p>

Aguarde o próximo caderno!