



Caixa de Assistência, Aposentadoria e Pensões dos Servidores Municipais de Londrina

P R O G R A M A

**EDUCAÇÃO
PREVIDENCIÁRIA
2022**

ATIVIDADES PARA IDOSOS

VOLUME VI

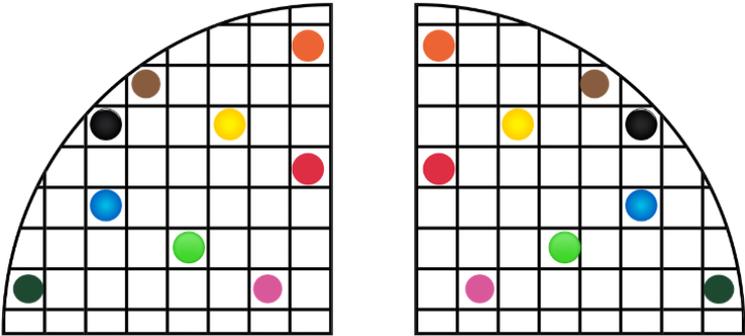
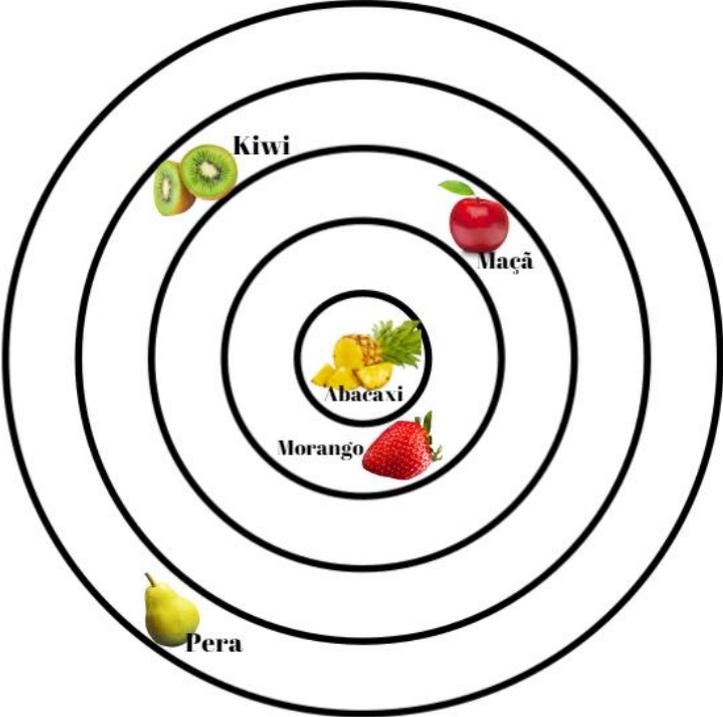
Além das atividades físicas que são fundamentais para manter a qualidade de vida, vamos também exercitar o cérebro, para melhorar a nossa capacidade de concentração, atenção e memória!

As atividades propostas criam oportunidade para pensar, lembrar, pesquisar, conversar e apontar a resolução dos exercícios. Desta forma, tente conhecer um pouco mais sobre os assuntos abordados em cada atividade.

Para realizar as atividades, baixe o arquivo em pdf e imprima esta apostila!

Boa diversão a todo(a)s!

RESPOSTA DOS EXERCÍCIOS

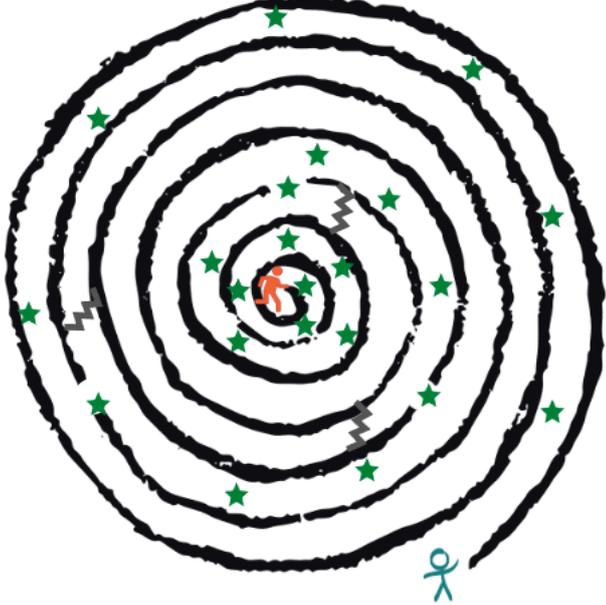
QUESTÃO	RESPOSTA
01	Letras: X, E, K, S, G, Z Números: 7, 8, 4, 1
02	 Two semi-circular grids, each with a 10x10 grid of dots. The left grid has colored dots at (row, column) coordinates: (1,1) green, (2,2) blue, (3,1) black, (4,3) yellow, (5,4) green, (6,5) pink, (7,6) red, (8,7) brown, (9,8) orange. The right grid has colored dots at: (1,9) orange, (2,8) brown, (3,7) yellow, (4,6) black, (5,5) red, (6,4) blue, (7,3) green, (8,2) pink, (9,1) green.
03	 A target diagram with four concentric circles. The innermost circle contains a pineapple labeled 'Abacaxi'. The second circle contains a strawberry labeled 'Morango'. The third circle contains a kiwi slice labeled 'Kiwi' and an apple labeled 'Maçã'. The outermost circle contains a pear labeled 'Pera'.

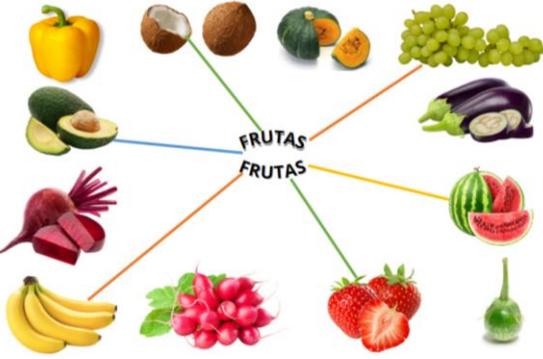
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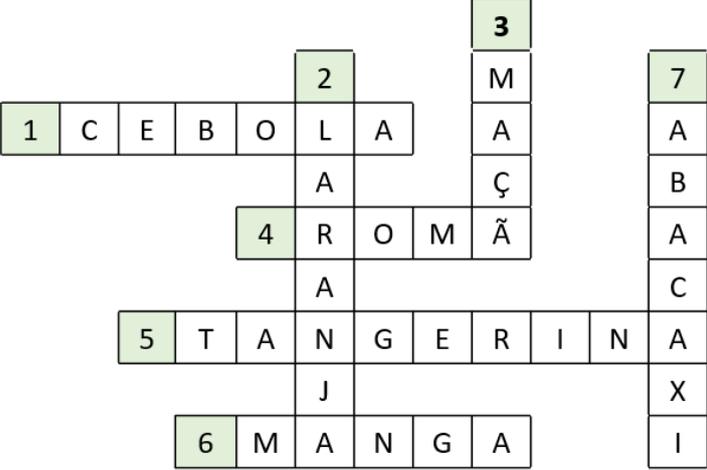
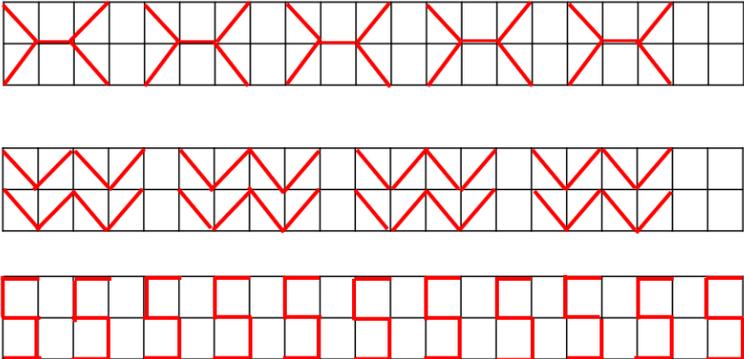
04	Círculo
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06	<table border="1"> <tr><td></td><td>E</td><td>X</td><td>I</td><td>E</td><td>P</td><td></td><td></td><td></td><td>O</td><td>V</td><td>R</td><td>E</td><td>C</td><td></td><td>O</td><td></td><td></td><td>C</td><td>B</td></tr> <tr><td></td><td></td><td>L</td><td>O</td><td>B</td><td>O</td><td>G</td><td>U</td><td>A</td><td>R</td><td>Á</td><td></td><td></td><td></td><td>D</td><td></td><td>A</td><td></td><td>A</td><td></td></tr> <tr><td></td><td>B</td><td>O</td><td>T</td><td>O</td><td>C</td><td>O</td><td>R</td><td>D</td><td>E</td><td>R</td><td>O</td><td>S</td><td>A</td><td>A</td><td></td><td>O</td><td>M</td><td>L</td><td>C</td></tr> <tr><td></td><td>J</td><td>A</td><td>A</td><td>U</td><td>T</td><td>I</td><td>N</td><td>G</td><td>A</td><td>G</td><td></td><td>R</td><td></td><td>L</td><td></td><td>E</td><td></td><td>H</td><td>B</td></tr> <tr><td></td><td>A</td><td></td><td></td><td>G</td><td></td><td></td><td></td><td></td><td>O</td><td></td><td>U</td><td>T</td><td>E</td><td></td><td>I</td><td></td><td></td><td>O</td><td>Ú</td></tr> <tr><td></td><td>C</td><td>A</td><td>T</td><td></td><td>U</td><td></td><td></td><td>L</td><td></td><td>O</td><td></td><td>R</td><td>A</td><td>A</td><td></td><td></td><td>N</td><td>R</td><td>F</td></tr> <tr><td></td><td>A</td><td>H</td><td></td><td>A</td><td></td><td>R</td><td>F</td><td></td><td>D</td><td></td><td>A</td><td></td><td>S</td><td>M</td><td>J</td><td>Ç</td><td></td><td>R</td><td>A</td></tr> <tr><td></td><td>R</td><td>N</td><td></td><td></td><td>T</td><td>I</td><td>A</td><td>O</td><td></td><td>M</td><td></td><td></td><td></td><td>O</td><td>A</td><td></td><td></td><td>O</td><td>L</td></tr> <tr><td></td><td>O</td><td>É</td><td>A</td><td></td><td></td><td>N</td><td>U</td><td>Ã</td><td>T</td><td>A</td><td></td><td></td><td></td><td>P</td><td>C</td><td>N</td><td></td><td></td><td>O</td></tr> <tr><td></td><td>R</td><td></td><td>R</td><td></td><td>H</td><td></td><td>E</td><td>B</td><td>U</td><td>R</td><td></td><td></td><td></td><td>I</td><td></td><td>U</td><td></td><td>D</td><td></td></tr> <tr><td></td><td>I</td><td></td><td>I</td><td>O</td><td></td><td>L</td><td></td><td>A</td><td>O</td><td></td><td>A</td><td></td><td>N</td><td></td><td>T</td><td></td><td></td><td></td><td>U</td></tr> <tr><td></td><td>E</td><td></td><td>R</td><td></td><td>O</td><td></td><td>P</td><td></td><td></td><td>L</td><td></td><td>T</td><td></td><td></td><td>I</td><td></td><td></td><td></td><td>Á</td></tr> <tr><td></td><td>N</td><td></td><td>A</td><td>C</td><td></td><td>A</td><td></td><td></td><td>E</td><td></td><td>A</td><td></td><td></td><td></td><td>N</td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td>R</td><td></td><td>I</td><td></td><td>C</td><td></td><td></td><td>Ã</td><td></td><td>D</td><td></td><td></td><td></td><td></td><td>G</td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td>A</td><td>M</td><td></td><td>I</td><td></td><td></td><td>O</td><td></td><td>A</td><td></td><td></td><td></td><td></td><td></td><td>A</td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td>C</td><td></td><td>P</td><td>R</td><td>A</td><td>R</td><td>A</td><td>J</td><td>U</td><td>B</td><td>A</td><td>C</td><td>A</td><td>V</td><td>A</td><td>L</td><td>O</td><td></td><td></td></tr> </table>		E	X	I	E	P				O	V	R	E	C		O			C	B			L	O	B	O	G	U	A	R	Á				D		A		A			B	O	T	O	C	O	R	D	E	R	O	S	A	A		O	M	L	C		J	A	A	U	T	I	N	G	A	G		R		L		E		H	B		A			G					O		U	T	E		I			O	Ú		C	A	T		U			L		O		R	A	A			N	R	F		A	H		A		R	F		D		A		S	M	J	Ç		R	A		R	N			T	I	A	O		M				O	A			O	L		O	É	A			N	U	Ã	T	A				P	C	N			O		R		R		H		E	B	U	R				I		U		D			I		I	O		L		A	O		A		N		T				U		E		R		O		P			L		T			I				Á		N		A	C		A			E		A				N						R		I		C			Ã		D					G						A	M		I			O		A						A						C		P	R	A	R	A	J	U	B	A	C	A	V	A	L	O		
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QUESTÃO	RESPOSTA
<p>07</p>	 <p>Estavam a caminho da Índia para ampliar o comércio</p>
<p>08</p>	 <p>Siga as estrelas</p>
<p>09</p>	 <p>TRIÂNGULO</p> <p>HEXÁGONO</p> <p>PENTÁGONO</p> <p>QUADRADO</p> <p>OCTÓGONO</p>

QUESTÃO	RESPOSTA																		
<p style="text-align: center;">10</p>																			
<p style="text-align: center;">11</p>	<table border="0" style="width: 100%; text-align: center;"> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td>Ararinha azul</td> <td>Periquito rico</td> <td>Tucano toco</td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td>Canário da terra</td> <td>Papagaio verdadeiro</td> <td>Corrupião</td> </tr> <tr> <td></td> <td></td> <td></td> </tr> <tr> <td>Sanhaço</td> <td>Jacu cigano</td> <td>Gavião real/harpia</td> </tr> </table>				Ararinha azul	Periquito rico	Tucano toco				Canário da terra	Papagaio verdadeiro	Corrupião				Sanhaço	Jacu cigano	Gavião real/harpia
																			
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<p style="text-align: center;">12</p>																			

QUESTÃO	RESPOSTA
<p style="text-align: center;">13</p>	
<p style="text-align: center;">14</p>	
<p style="text-align: center;">15</p>	

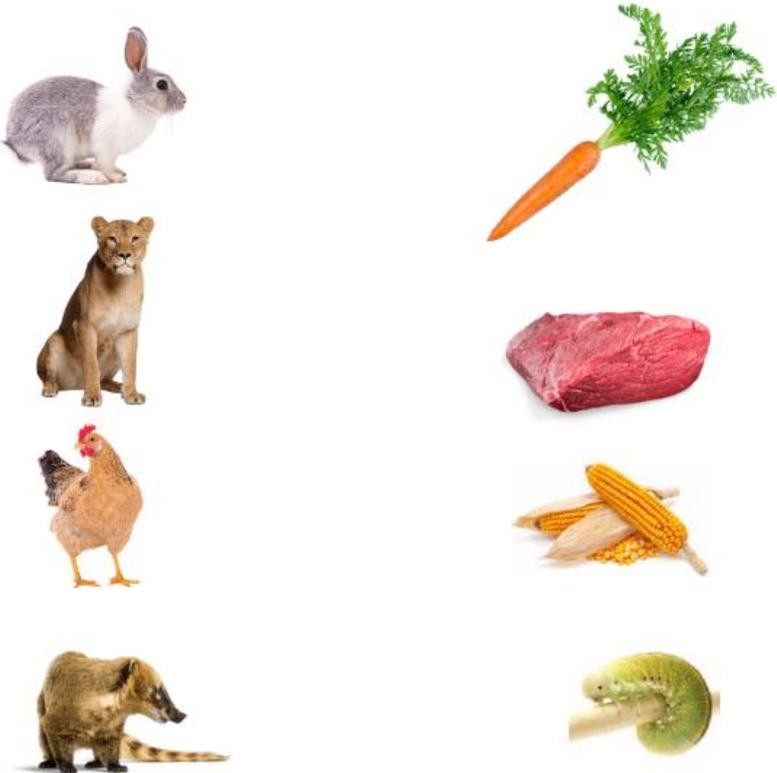
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3 7 4 8 1 5 6 4 1 2
 5 1 3 1 6 3 9 5
 2 5 8 7 5 3 8 4
 6 7 2 1 6 6 5
 8 1 7 2 4 1 9 6 5
 4 9 3 5 1 7 3 9 6 3

4 vezes

17

18

19	Zebra, cavalo e cachorro
20	 A collection of images arranged in two columns. The left column contains four animals: a grey and white rabbit, a brown lion, a brown chicken, and a brown civet. The right column contains four food items: a carrot, a piece of red meat, a cob of corn, and a kiwi.